



Wayfinder Map Series

Viking Trail  
Gros Morne  
Humber Valley  
Southwest Coast

# Gros Morne

#ExploreNL

Western Brook Pond Gorge



Your guide to summer adventure  
in **Gros Morne.**



## Hiking & Walking

- Burnt Hill Trail - Norris Point** Views of Bonne Bay & Gros Morne Mountain. 2 km loop.
  - Eastern Point Trail - Trout River** Ruggedly scenic coastal views of town & livestock. 2.1 km return.
  - Lighthouse Trail - Cow Head** A path to the lighthouse used by early settlers. 2.5 km return.
  - Rocky Harbour Trails: Bottom Brook** Follow the forested edges of Bottom Brook through town. 1.5km. **Salmon Point** Short trail along cliffs overlooking Bonne Bay and the Gulf of St. Lawrence. **Rocky Hills Trail** to a lookout over the harbour, 800m.
  - Woody Point Community Trail** Vistas of Bonne Bay, Woody Point & Gros Morne Mountain. 3 km loop.
- For a list of Parks Canada trails in Gros Morne National Park pick up a Visitor Guide at the Visitor Centre (Route 430) or Discovery Centre (Route 431).

## Guided Tours & Adventures

- BonTours Backcountry Hiking** Experience Western Brook Pond gorge by guided day or overnight hiking tour. (888) 458-2016; bontours.ca
- Gros Morne Adventures** Hiking adventures, kayak and paddle board rentals and tours, and custom itineraries. (800) 685-4624; grosmortheadventures.com
- Out East Adventures** Guided day, overnight and multi-day hikes. Specializing in remote, backcountry experiences. (877) 458-2373; outeastadventures.com
- Taste of Gros Morne** Explore the vibrant culinary scene of Gros Morne with our fun guides. Custom picnics & private food tours. (709) 453-7226; tasteofgrosmorne.com
- Tour Gros Morne** Sustainable, award-winning multi-day vacations and interactive day excursions. (709) 453-7226; tourgrosmorne.com
- Under the Stump** Accessible side by side tours in the backcountry. Indigenous cultural tours. Rocky Harbour. (709) 458-8198; underthestump.ca
- Wild Gros Morne** Authentic small group, custom experiences. Aea kayak, paddle board, hiking, walking & backcountry tours, fishing, culture & culinary. Shoal Brook. (709) 453-2020; wildgrosmorne.com

## Social Scene

- Anchor Pub** Ocean View Hotel, Rocky Harbour. (800) 563-9887; theoceanview.ca
- Cat Stop** Norris Point. (709) 458-3343; bontours.ca
- Galliot Studios** Woody Point. (709) 638-2409; galliotstudios.ca
- Merchant Warehouse Retro Cafe & Wine Bar** Woody Point. (709) 453-2416; merchantwarehousewoodypoint.com
- Neddy's Pub & Eatery** Shallow Bay Motel, Cow Head. (800) 563-1946; shallowbaymotel.com

## Rain or Shine

- Bonne Bay Aquarium & Research Station** Discover the sea life of Bonne Bay fjord through interactive tours and the touch tank. Norris Point. (709) 458-2550; bonnebay.ca
- Bonne Bay Market** Bakery treats, picnics, hiking lunches, local art, knit goods, and outdoor supplies. Shoal Brook. (709) 453-2020; wildgrosmorne.com
- Broom Point Fishing Premises** Fish store & cabin of the three Mudge brothers and their families. St. Pauls. (709) 458-2417; pc.gc.ca/grosmorne
- Christine Koch Studio** Studio-gallery of Christine Koch, a printmaker and painter inspired by Canada. Woody Point. (709) 325 6820; christinekoch.com
- Dr. Henry N. Payne Museum & Craft Shop** Tales of virtue, villainy, and the double axe murder of 1809. Cow Head. (709) 243-2466/2023; fb.com/Dr.HenryN.PayneMuseum
- Endicott's Crafts** Convenience store, souvenirs, locally made items. Rocky Harbour. fb.com/GrosMorne-Cabins; (709) 458-2020
- Fisherman's Landing Crafts** Wide selection of NL crafts & souvenirs. Rocky Harbour. (709) 458-2711; fishermanslandinginn.com
- Gros Morne Transportation** We'll be your chauffeur. Trip planning, airport shuttle, & cultural tours. (709) 458-7296; fb.com/grosmornetransportation
- Gros Morne Wildlife Museum & Gift Shop** Over 100 Newfoundland animals in authentic scenes. Rocky Harbour. (709) 458-3396; grosmornewildlifemuseum.ca

- Jacob A. Crocker House** Registered Heritage Structure. Historically preserved fisherman's home built in 1898. Trout River. (709) 451-5376; townoftroutriver.com
- Jenniex Heritage House & Craft Shop** Restored salt box house built in 1926. Enjoy a mug up, muffins and berries. Local artifacts & crafts. Norris Point. (709) 458-2828; norrispoint.ca
- Lobster Cove Head Lighthouse** Marking the entrance of Bonne Bay since 1897. The light keeper's house is an interpretive exhibit. Rocky Harbour. (709) 458-2417; pc.gc.ca/grosmorne
- Middle Brook Gift Shop** Preserves, prints, knitwear, quilts, and more. Glenburnie. (709) 453-2332; middlebrookcottages.com
- Molly Made Fibre Art Studio** Demonstrations & workshops in rug hooking. Fine art & craft from local artisans. Woody Point. (709) 453-2538; mollymadefibreart.com
- Old Store Café, Gift & Ice Cream Shop** Local crafts and house made lunches. Norris Point. (709) 458-3234; theinn.ca
- Seaside Gift Shop** Quality local crafts, collectables, ice cream. Woody Point. (709) 453-2777; seasidesuites.ca
- Skivvers Fibre Studio & Wool Craft** Processing Newfoundland Heritage Wool, natural dyeing, wool craft, and hand dyed wool. Cow Head. (709) 640-8874; fb.com/skivvershandknits
- The Discovery Center** Discover what makes Gros Morne a UNESCO World Heritage Site. Interactive exhibits & live programming. Woody Point. (709) 458-2417; pc.gc.ca/grosmorne
- The Glass Station** Urve Manuel's glass work and work of other local artisans. Rocky Harbour. (709) 640-6165; fb.com/UrveManuelGlassGallery/
- The Sample Room** An old general store and unique souvenirs. Woody Point. (709) 453-2785; grosmorneescapes.com
- Traditions By Miranda** Fine, folk, and functional art inspired by NL traditions. Rocky Harbour. (709) 458-8099; fb.com/GrosMorneArtist
- Trout River Interpretation Centre** Artifacts, cultural workshops, musical performances. Join a Wave Over Wave Interpretive Walk on Tuesdays & Thursdays, July & August. Trout River. (709) 4531-5376; townoftroutriver.com
- Uniquely Newfoundland Gallery** Wearable wool items and NL souvenirs. Fisherman's Landing Inn, Rocky Harbour. (709) 458-2711; fishermanslandinginn.com

## Boat Tours

- Bonne Bay Boat Tour** Daily tours and evening cruises with music and commentary. Daily water taxi Service. Departs from Norris Point. (888) 458-2016; bontours.ca
- Gros Morne Adventures** Discover Mekapisk with your Indigenous guide, start a fire, cook Bannock. Private charter, water taxi. Norris Point. (800) 685-4624; grosmortheadventures.com
- Western Brook Pond Boat Tour** Spectacular glacier-carved land-locked fjord, waterfalls, billion year-old cliffs. Route 430. (888) 458-2016; bontours.ca
- Wild Gros Morne** Discover Bonne Bay on a rugged Zodiac watercraft. Private charter, water taxi. Shoal Brook. (709) 453-2020; wildgrosmorne.com

## Festivals and Events

- Anchors Aweigh** Anchor Pub, Ocean View Hotel, Rocky Harbour. June-Sept. (888) 458-2016; bontours.ca
- Bang Belly Festival** First week of August. Trout River. (709) 451-5376; townoftroutriver.com
- Camber Arts** Year-round. (709) 638-1956; camberarts.ca
- Gros Morne Fall Fest** Cow Head. Late September. (709) 243-2023/2466; grosmornefallfest.com
- Gros Morne Theatre Festival** June-Sept. Cow Head. (877) 243-2899; theatrenewfoundland.com
- Harbour Lights Festival** Early August. Rocky Harbour. (709) 458-2376; fb.com/HarbourLightsFestival/
- Trails, Tales & Tunes** Norris Point. 10 days in May. (709) 458-8123; trailstalestunes.ca
- Writers at Woody Point** August. Woody Point. (514) 232-7984; writersatwoodypoint.com

## For more to see and do in Gros Morne

visitgrosmorne.com for events calendar, restaurant, and accommodation listings, and more. pc.gc.ca/grosmorne to discover what Parks Canada experiences await you. vobb.org or tune in to Voice of Bonne Bay Radio at 95.9 / 98.1 for local information.

Gros Morne National Park was designated a UNESCO World Heritage Site in 1987 for its impressive geological features. The 1805 sq kilometre park offers unsurpassed beauty and adventure - a perfect complement to the local cultural scene.

>> Numbers on the map correspond to numbers and colours on the descriptions.



Lookout Trail

## Where to Eat

- 1 | **Blue Ocean Dining Room** Bonne Bay Inn, Woody Point. (709) 453-2223
- 2 | **Chanterelles** Sugar Hill Inn, Norris Point. (888) 299-2147
- 3 | **Fisherman's Landing Restaurant** Rocky Harbour. (709) 458-2060
- 4 | **Oceans Dining Room** Ocean View Hotel, Rocky Harbour. (800) 563-9887
- 5 | **Shallow Bay Family Restaurant** Shallow Bay Motel, Cow Head; (800) 563-1946
- 6 | **Taste** Gros Morne Inn, Woody Point; (709) 453-7226
- 7 | **The Black Spruce** Neddies Harbour Inn, Norris Point; (877) 458-2929



## Favorite Photo Locations

#ExploreNL #GrosMorne

- 1 | **Green Point** A world geological benchmark; layered rock and fossils. Green Point. Route 430.
- 2 | **Shallow Bay Beach** 4km of sandy beach, perfect for beachcombing & swimming. Cow Head. Off Route 430.
- 3 | **Tablelands & Bonne Bay Panorama** Jenniex House parking lot, Norris Point. Off Route 430.
- 4 | **Trout River Pond & Tablelands Panorama** Road to Trout River Campground, Trout River. Off Route 431.



Western Brook Pond



Bonne Bay



Under The Stump Tours



Cow Head Fall Fest

Green Gardens



We are the Mi'kmaq people of Newfoundland. A people connected to this land, with roots that run deep and reach far. Connect to the oldest living culture in Newfoundland through nature, art, dance, myths, music, and outdoor adventure. Look for our logo to experience the tradition, culture, and the wild, rugged beauty of our land and leave transformed.

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