



# Gros Morne

## #ExploreNL

Western Brook Pond Gorge

Your guide to summer adventure  
in **Gros Morne.**



### Hiking & Walking

- 1 Eastern Point Trail** Ruggedly scenic coastal views of town & livestock, 2.1km return.
- 2 Woody Point: Community Trail** Vistas of the Bonne Bay area, 3km loop. **Heritage Walk** Explore the Provincially Registered Heritage District of Woody Point.
- Norris Point Trails:**
  - 3 James W. Humber** Hike to an active fishing village.
  - 4 Burnt Hill** Views of Bonne Bay & Gros Morne Mountain, 2km loop.
- Rocky Harbour Trails:**
  - 5 Salmon Point** Overlook Bonne Bay and the Gulf of St Lawrence.
  - 6 Bottom Brook** Follow Bottom Brook through town, 1km.
  - 7 Rocky Hills Trail** Lookout over the town and harbour, 800m return.
- 8 Cow Head Peninsula Hiking Trails:** Lighthouse, Point of the Head, Steering Island, & Spring Beach. Medium difficulty.

For a list of Parks Canada trails in Gros Morne National Park pick up a **Visitor Guide at the Visitor Centre (Route 430) or Discovery Centre (Route 431).**

### Guided Tours & Adventures

- 1 Wild Gros Morne** Small group or private tour: cod fishing, kayaking, paddleboard, hike, backcountry adventures, culture & culinary. 709-660-9453, wildgrosmorne.com
- 2 Transform Gros Morne Retreats** Weeklong retreat — discover indigenous healing traditions, the art of forest therapy, & more. 905-978-1451, transformgrosmorne.com
- 3 Taste of Gros Morne** Explore the vibrant culinary scene of Gros Morne with our fun guides. Custom picnics & private food tours. tasteofgrosmorne.com; and **Tour Gros Morne** Sustainable, award-winning multi-day vacations and interactive day excursions. 709-453-7226, tourgrosmorne.com
- 4 Gros Morne Transportation & Tours** We'll be your chauffeur. Trip planning, airport shuttle, & cultural tours. 709-458-7296, fb.com/grosmornetransportation
- 5 Gros Morne Adventures** Hiking adventures, kayak and paddle board rentals and tours, and custom itineraries. 800-685-4624, grosmortheadventures.com
- 6 Out East Adventures** Guided day & multi-day hikes. Specializing in backcountry experiences. 877-458-2373, outeastadventures.com
- 7 Under the Stump** Accessible, Indigenous cultural experiences, side by side tours in the backcountry. 709-458-8198, underthestump.ca
- 8 BonTours Backcountry Hiking** Guided hike through Western Brook Pond gorge. 888-458-2016, bontours.ca

### Rain or Shine

- 1 Middle Brook Gift Shop** Preserves, knitwear, quilts, & more. 709-453-2332, middlebrookcottages.com
- 2 Bonne Bay Market** Oceanfront cafe, treats, picnics, hiking lunches, boil ups and food tours, clothing, fishing supplies. 709-660-9453, wildgrosmorne.com
- 3 Christine Koch Studio** Studio-gallery of Christine Koch, a printmaker and painter inspired by Canada. 709-325-6820, christinekoch.com
- 4 The Sample Room** Old general store & unique souvenirs. 709-453-2485, grosmorneescares.com
- 5 Seaside Gift Shop** Quality local crafts, collectables, ice cream. 709-453-2777, seasidesuites.ca
- 6 Molly Made Fibre Art Studio** Rug hooking demos & workshops. Artisan art & craft. 709-453-2538, mollymadefibreart.com
- 7 The Discovery Center** Discover what makes Gros Morne a UNESCO World Heritage Site. Interactive exhibits & live programming. 709-458-2417, pc.gc.ca/grosmorne
- 8 Trout River Sites: Jacob A. Crocker House** Registered Heritage Structure - fisherman's home built in 1898. **Trout River Interpretation Centre** Artifacts, cultural workshops, musical performances. 709-451-5376, fb.com/troutriverheritage
- 9 Jenniex Heritage House & Craft Shop** Restored salt box house built in 1926. Muffins, refreshments, local artifacts & crafts. 709-458-2828, norrispoint.ca
- 10 Old Store Café, Gift & Ice Cream Shop** Local crafts and house made lunches. 709-458-3234, theinn.ca
- 11 Bonne Bay Aquarium & Research Station** Discover the sea life of Bonne Bay fjord. Touch tank & interactive tours. 709-458-2550, fb.com/bonnebayaquarium
- 12 Uniquely Newfoundland Gallery** Wearable wool items & souvenirs. Fisherman's Landing Inn. 709-458-2711, fishermanslandinginn.com

- 13 The Glass Station** Fine craft & art, including Urve Manuel's glass art. 709-640-6165, urvemanuel.ca
- 14 Endicott's Crafts** Convenience store, souvenir clothing, locally made items. 709-458-2020, fb.com/GrosMorneCabins
- 15 Traditions By Miranda** Fine, folk, & functional art inspired by NL traditions. 709-458-8099, fb.com/GrosMorneArtist
- 16 Fisherman's Landing Crafts** Crafts & souvenirs. 709-458-2711, fishermanslandinginn.com
- 17 Gros Morne Wildlife Museum & Gift Shop** Over 100 Newfoundland animals in authentic scenes. 709-458-3322, grosmornewildlifemuseum.ca
- 18 Lobster Cove Head Lighthouse** Century old lighthouse. Exhibits highlight local people and heritage. 709-458-2417, pc.gc.ca/grosmorne
- 19 Broom Point Fishing Premises** Fish store & cabin of three families. 709-458-2417, pc.gc.ca/grosmorne
- 20 Dr. Henry N. Payne Museum & Craft Shop** Tales of virtue, villainy, and the double axe murder of 1809. 709-243-2023, fb.com/Dr.HenryN.PayneMuseum
- 21 Skivvers Fibre Studio & Wool Craft** Processing Newfoundland Heritage Wool, natural dyeing, wool craft, and hand dyed wool. 709-640-8874, fb.com/skivvershandknits
- 22 St. Mary's Botanical Garden** Flower beds near the sea, meditation & prayer platform. 709-243-2830

### Boat Tours

- 1 Wild Gros Morne** Small group or private tour: Bonne Bay by Zodiac, sea life, local interpretation, remote beach combing; Fishing Charters for inexperienced & seasoned anglers. 709-660-9453, wildgrosmorne.com
  - 2 Gros Morne Adventures** Zodiac tours, private charters & shuttle on Bonne Bay, Indigenous Tours to understand how First Peoples lived. 800-685-4624, grosmortheadventures.com
- BonTours:**
- 3 Bonne Bay** Daily tours and evening cruises with music and commentary. Water taxi between Norris Point & Woody Point.
  - 4 Western Brook Pond** Spectacular glacier-carved land-locked fjord, waterfalls, and cliffs. 888-458-2016, bontours.ca

### Festivals and Events

- 1 Gros Morne Hiking Festival** Early to mid-September. 709-660-9453, hikegrosmorne.com
- 2 Bonne Bay Annual Regatta** July. 709-453-2273
- 3 Galliot Studios** June-September. 709-638-2409, galliotstudios.ca
- 4 Merchant Warehouse Retro Cafe & Wine Bar** May-October. 709-453-2416, merchantwarehousewoodypoint.com
- 5 Writers at Woody Point** August. Sonic Harvest Sessions October. 514-232-7984, writersatwoodypoint.com
- 6 Passing the Time in Trout River** July-September. 709-451-5376, fb.com/troutriverheritage
- 7 The Cat Stop** 709-458-3343, bontours.ca/cat-stop
- 8 Trails, Tales & Tunes** May. 709-458-8123, trailstalestunes.ca
- 9 Anchors Aweigh** June-Sept, Anchor Pub, Ocean View Hotel. 888-458-2016, bontours.ca
- 10 Harbour Lights Festival** Early August. 709-458-2376, fb.com/HarbourLightsFestival
- 11 Rocky Harbour Storytelling Festival** October. 613-853-9610, fb.com/RHStorytellingFestival
- 12 Gros Morne Fall Fest** Late September. 709-246-2023, grosmornefallfest.com
- 13 Gros Morne Theatre Festival** June-Sept. 877-243-2899, theatrenewfoundland.com



Gros Morne National Park was designated a UNESCO World Heritage Site in 1987 for its impressive geological features. The 1805 sq kilometre park offers unsurpassed beauty and adventure - the perfect complement to the local cultural scene.

Check out the events calendar, restaurant and accommodation listings, & more at [visitgrosmorne.com](http://visitgrosmorne.com). For Parks Canada experiences and information, visit [pc.gc.ca/grosmorne](http://pc.gc.ca/grosmorne). And, for local information tune into Voice of Bonne Bay Radio at 95.9 / 98.1 or visit [vobb.org](http://vobb.org).

>> Numbers on the map correspond to numbers and colours on the descriptions.



Western Brook Pond



Bonne Bay



Under The Stump Tours

Tablelands Trail

WOODY POINT HERITAGE THEATRE

**Favorite Photo Locations** 📍

#ExploreNL #GrosMorne

- 1 **Trout River Pond & Tablelands Panorama** Road to Trout River Campground.
- 2 **Tablelands & Bonne Bay Panorama** Jenniex House parking lot.
- 3 **Rocky Harbour Pond** Freshwater beach & views of Gros Morne Mountain. Mobi-mats, wheelchair accessible picnic tables, & bookable floating wheelchairs. 709-458-2376, rockyharbour.ca
- 4 **Green Point** A world geological benchmark; layered rock & fossils.
- 5 **Shallow Bay Beach** 4km of sandy beach for beachcombing & swimming.

Cow Head Fall Fest

Green Gardens



We are the Mi'kmaq people of Newfoundland. A people connected to this land, with roots that run deep and reach far. Connect to the oldest living culture in Newfoundland through nature, art, dance, myths, music, and outdoor adventure. Look for our logo to experience the tradition, culture, and the wild, rugged beauty of our land and leave transformed.